

The Forgotten Vegetable

“Championing vegetable greats! Plant forward and utterly delicious cooking, whilst also serving the highest quality meat and fish if you wish.”

FOOD

STARTERS

- Aubergine** £9.00
Teriyaki roasted aubergine, fresh scallions and cherry tomato aioli
- Mushroom** £11.00
Baked Portobello mushroom with Taleggio cheese, Sarawak pepper and toasted pistachios
- Halloumi** £11.00
Grilled halloumi, Pimineto de la Vera, chilli compote, baba ganoush and garlic ciabatta crumble
- Chickpeas** £9.00
Chickpea 'meatballs', toasted cumin seeds and harissa sauce
- Polenta** £9.00
Lemon and parsley baked polenta served with fresh tomatoes, Thai chilli and coriander salsa

MAINS

- Quinoa** £14.00
Roasted root vegetables (heritage carrots, sweet potatoes, parsnips), quinoa, black chard, roasted Tropea onion and roasted almonds
- Wild rice** £17.00
Thyme and garlic butternut squash, ginger scented beetroot, radish, broad beans and broccoli and lemon citronette
Add citrus corn-fed chicken breast + £4.00
- Vegan stew** £14.00
Carrots, onion, russet potatoes, sweet potatoes, San Marzano tomatoes and coconut milk
Add corn-fed chicken + £4.00
- Cauliflower steak** £15.00
Turmeric, garam masala with tzatziki and sauce vierge
- Barley** £16.00
Roasted cherry tomatoes and bell peppers, avocado, dried black olives, baby spinach and lemon olive sauce
Add Italian prawns + £8.00

SIDES

- Cauliflower** £8.00
Cauliflower salad, Parmigiano Reggiano, fennel, pomegranate, fresh parsley and roasted walnuts
- Fava pods** £8.00
Braised fava pods, chard, pimiento and Greek yogurt
- Fennel** £8.00
Baked fennel with mornay sauce and Parmigiano Reggiano

DESSERTS

- Pear** £8.00
Roasted pear in red wine and cinnamon, served with clotted cream and pistachio crumble
- Chia** £8.00
Grass fed Jersey whole milk chia seed pudding, wild berry compote and toasted nuts

Due to sourcing, some items are subject to availability. All dishes may contain traces of nuts. Please let us know at the time of ordering if you have any allergies or intolerances.

VISIT OUR PARTNER RESTAURANTS AT
www.virtualdelux.com

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DRINKS

SOFT DRINK

Acqua Panna Still (750ml)	£4.00
San Pellegrino Sparkling (750ml)	£4.00
Coca cola	£5.00
Diet coke	£5.00
Lemonade	£5.00

BEER

Peroni	£6.00
Asahi	£6.00
Becks Alcohol free	£6.00

CHAMPAGNE & SPARKLING

Ca del Console, Prosecco Extra Dry.....	£30.00
Francia Corta Cuvee Prestige, Ca' del Bosco	£50.00
Ruinart Blanc de Blanc.....	£100.00

WHITE WINE

Roceno	£20.00
Sauvignon Torresella	£26.00
Gavi di Gavi, Ascheri.....	£47.00

RED WINE

Roceno	£20.00
Valpolicella Classico Domini Veneti	£38.00
Chianti Riserva, villa Albergotti	£40.00

ROSÉ WINE

Calafuria, Tormaresca	£45.00
Whispering Angel, Cotes de Provence Rose	£53.00
Domaine Ott, Chateau De Selle	£73.00